

**Morris Central School  
Comprehensive Guidance Plan  
September 2024**

**Counseling and Guidance Mission Statement**

The Morris Central School Counseling and Guidance Department will provide a comprehensive, developmental counseling program that targets the academic, career and social-emotional development of all students. Every student in our district is empowered to achieve their personal, academic, and career goals in a supportive and inclusive environment.

### **Program Evaluation**

This plan is a working document that will require annual evaluation and assessment by the Advisory Council. The annual review process will be based on our progress toward meeting the standards established in Appendix A. Appendix B contains a school counseling program assessment tool that is completed with the Advisory Council during the fall and spring meetings.

### **Delivery of Counseling and Guidance Services**

Our counseling and guidance activities are driven by standards developed by the American School Counseling Association (ASCA), the New York State Career Development and Occupational Studies (CDOS) standards (Appendix C), and the New York State Social Emotional Learning Benchmarks (Appendix D). Ultimately, our goal is to ensure that all students in grades PK-12 are receiving instruction that delivers and meets these standards.

Listed below are the current activities included in the Morris Central School Counseling and Guidance Program. A summary of counseling services by content area is also provided.

### **Current Counseling and Guidance Activities (by mode of delivery)**

- A. Annual Academic Planning (all grade levels, PK-12)
- B. Classroom Instruction delivered by School Counselor
  - a. Elementary
    - i. Bullying Prevention (K-6)
    - ii. Conflict Resolution/Problem Solving (K-6)
    - iii. Erin's Law (K-6)
    - iv. Career Exploration (K-6)
    - v. Transition planning (6)
    - vi. Social Skills (K-6)
    - vii. Decision Making (K-6)
    - viii. Emotional regulation/self-management skills (K-6)
  - b. Middle School
    - i. Career Exploration
    - ii. Decision Making
    - iii. College Awareness
    - iv. Erin's Law/personal safety
  - c. High School
    - i. Career Exploration (9-12)
    - ii. Transition Planning (9-12)
    - iii. Assessment Information and Interpretation (10-12)
    - iv. College and Career Planning (10-12)
- C. Small Group Guidance and Counseling available to all students

- D. Testing/Assessment Interpretation and Analysis
  - a. High School
    - i. PSAT (11)
    - ii. SAT/ACT (11,12)
    - iii. ASVAB (10)
  - b. Middle School
    - i. PSAT 8/9 (8)
    - ii. Interest inventory
    - iii. Naviance assessments
- E. Informational meetings for parents and students
  - a. Middle school
    - i. 7th grade orientation
    - ii. 8th grade parent night
  - b. High School
    - i. College Information/Financial Aid Night (12)
- F. Field Trips
  - a. Elementary
    - i. 5th grade BOCES visit
  - b. Middle School
    - i. 8th grade BOCES visit
    - ii. College/Career Exploration visit (7,8)
  - c. High School
    - i. College visits (9-12)
    - ii. 10th grade BOCES visit
- G. Large Group Presentations to Students - assemblies as scheduled
- H. Individual Guidance and Counseling - provided at all grade levels
  - a. IEP Counseling
  - b. Personal Counseling
  - c. Crisis Counseling
  - d. Academic Counseling
  - e. College and Career Counseling
  - f. Agency Referrals (School Based Health, Mobile Crisis Assessment Team, Otsego County Mental Health, private agencies/providers, DSS, Behavioral Health Resource Center, SPOA, PINS)
- I. Professional Development - as scheduled or required for CFES, NYSSCA, Otsego County Counselors Association, McKinney-Vento, DASA, and various behavioral, social/emotional and mental health related topics

**Summary of Counseling and Guidance Program Services Available  
by Content Area**

<b>Academic Development</b>	<b>Career Development</b>	<b>Social/Emotional Development</b>
Academic Counseling (K-12)	Career Awareness and Exploration (PK-12)	See Something Say Something (3-12)
RTI (K-12)	BOCES Visits (5,8,10)	Bullying Prevention (PK-12)
Psychological Testing (K-12)	College Visits (7-12)	Conflict Resolution (PK-12)
Annual Individual Progress Review Meetings (6-12)	CFES Brilliant Pathways Essential Skills (6-12)	Social Skills (PK-6)
Scheduling (K-12)	Naviance (6-11)	Healthy Decision Making (PK-12)
New Student Transition (K-12)	ASVAB (10)	LEAF School Based Prevention Services
McKinney-Vento Liaison (PK-12)	Financial Aid Night (12)	IEP Counseling (K-12)
Transition Planning (6,8)	Sophomore Summit (10)	Erin's Law/Personal Safety (K-8, 10)
Decision Making Skills (K-6)		Agency Referrals (PK-12)
CFES Brilliant Pathways (PK-12)		Individual, Group, Crisis Counseling (PK-12)
8th Grade Parent Night		
7th Grade Orientation		

## **2023-24 School Counseling Program Data - Middle/High School**

### **Tier 1:**

- Career exploration - ASVAB test, interpretation and interest inventory, Sophomore Summit (grade 10)
- Erin's Law personal safety lessons in grade 8 and within Health classes in grades 7, 10
- CFES Brilliant Pathways Essential Skills activities (grade 7)
- CFES Brilliant Pathways College and Career Readiness Maps (grades 7-12)
- Naviance lessons (grades 7-9)
- Individual student meetings (grades 7-12)
- Senior Exit meetings (September)
- Classroom presentation on graduation requirements and transition (grade 8)
- Classroom transition to middle school meeting for grade 6 (June)
- Classroom transition to high school meeting for grade 8 (June)

### **Tier 2:**

- Student visits: individual counseling sessions including regular IEP counseling, college and career counseling, academic advisement and crisis counseling: 450

## **2024-25 School Counseling and Guidance Program Goals**

### **PK-6**

1. In class SEL lessons address the development of self-awareness, strong sense of personal identity, decisions about personal actions, emotional/social intelligence, bullying, internet safety, and personal safety.
2. Individual and small group counseling to address obstacles to academic and social success.
3. Students visit the OAOC BOCES Occupational Center in Milford to explore career technical careers and academic options.

### **Middle/High School**

1. Improve data collection/assessment
2. Improve student exposure to career professionals

**Counseling and Guidance Staff**  
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**Counseling and Guidance Program Advisory Council Members**

Kelly Catella, School Counselor

Angela Garruto, School Counselor

April Vunk, Principal

Kelly Gardner, School Psychologist

Amy Zeh, Elementary Teacher

Alison Schubach, Secondary Teacher

Alexis Hungerford, Parent and School Based Health Social Worker

Alisandra Farmer, Student Representative

## Appendices

[ASCA Student Standards: Mindsets & Behaviors for Student Success](#)

[CDOS | New York State Education Department](#)

[NYS SEL Benchmarks - p12.nysed.gov](#)

[NYS Framework for Mental Health Education Instruction](#)

Updated 12/16/24